Extra! Extra! Extra! THE Value of the Value

JULY, 2020

Official Publication of All Units of The Order

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A happy volunteer?

Dave Delony was not happy having his photo taken, but he worked hard on the new siding for the Olympia Park Kitchen. See Page 5 for details and additional photo.

WORD SEARCH Odd Fellow & Rebekah Fun!

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The Joy of Gardening

Lettuce, beets, carrots, radishes, cucumbers, petunias, and parsley are grown by Patty Newell at the Odd Fellows Home in Walla. She explains how to grow and harvest potatoes in containers. For details and more photos, see Page 3.

SCYTHE	FRATERNITY
LEA	DOVE
BEEHIVE	SCENE
REBEKAHS	ARK
FLT	LAPM
THREELINKS	HEARTINHAND
THETARHO	SERPENT
QUIVER	COFFIN
ENCAMPMENT	LODGE
CANTON	

Words are Forward and Backward, Horizontal, Vertical and Diagonal. Answers On Page 5

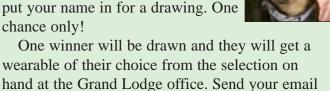
Can you find our mascot 'Sammy?'

We are running a contest for July!

Find the Grand Lodge mascot "Sammy" in this special edition of *The Washington OddFellow*.

When you have found "Sammy," send the Grand Secretary a message by email or telephone and let her know where you found "Sammy" in the newspaper, including what page and where on that page.

If you have responded correctly, Grand Secretary Laurel Delony will put your name in for a drawing. One chance only!



Answers must be received in the office no later than July 15. Any submissions after July 15 will be tossed.

to grandsecretarywaioof@gmail.com or call 800-

EXTRA! EXTRA! READ ALL ABOUT IT!

Okay, we're going to test your knowledge and eyesight. Can you name newspaper boy on the front of this newspaper? Here's another chance to win a wearable. Send the Grand Secretary an email or call and let her know who you think our paperboy is. If correct, Laurel will put your name in a separate drawing for a wearable. Again send your email grandsecretarywaioof@gmail.com or call 800-345-1766. All submissions must be in the office no later than July 15. Late entries will be tossed. One chance only!

Hope Rebekahs #38

Sisters and Brothers,

345-1766.

Greetings from Hope Rebekah Lodge #38 in Spokane! We have been "dark" since March. If all goes well, we hope to resume our meetings in September. Several members had intended to attend Rebekah Assembly in Yakima until the Grand Sessions were cancelled.

Tedd Swanson is recovering at home after undergoing major dental surgery at the University of Washington School of Dentistry in Seattle. We wish everyone a safe and happy summer.

With Rebekah Elbow Hugs in F., L. & T., Tedd Swanson





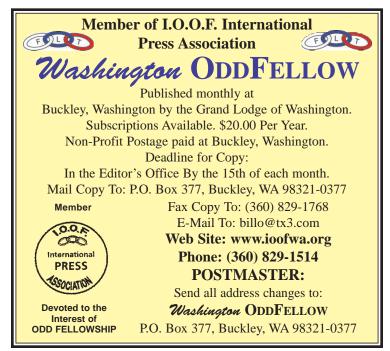
JOYCE MILLER

Mavis House

Mavis House takes the reins of our LEA

Because of present conditions with officers needing to remain in their positions another year, Grand Matriarch Joyce Miller has resigned her office in the Grand Ladies Encampment Auxiliary of Washington. For personal reasons, she feels she cannot continue for that long. The Auxiliary has reluctantly accepted her resignation and thanks her for the service she has given. We wish her the best for the future.

Past Grand Matriarch Mavis House has graciously accepted the appointment to finish the term as Grand Matriarch, so she will be conducting the meeting at the Grand Sessions in June of 2021. The Auxiliary appreciates her willingness to assist in this way and looks forward to a successful term for her.



Narcissa Rebekah Lodge #2

The Joy of Gardening during a lockdown

Summer is here and the sun is shining. Spirits are lifted at the sight of plants growing during the COVID-19 lockdown. No matter how small your space is, you can grow vegetables, flowers and foliage all summer long. There's pleasure and satisfaction in growing and eating your own food.

Three of our members here have green thumbs and give their abundance of vegetables to the rest of us. Robertta



Robertta Hunt's green tomatoes are in a raised bed she shares with friends at Merriam Apartments on the Odd Fellows Home grounds. When the tomatoes turn a glossy red, smell good, and yield when given a gentle tug, it will be time to harvest the crop.

Hunt shares a raised bed garden with two others at Merriam Street Apartments on the Washington Odd Fellows Home campus.

At this stage, the tomatoes are small and green. Robertta will pick them when they show a red color and put them on a countertop to ripen.

Irene Lincoln grows peas next to Robertta's tomatoes. She planted the peas on April 1 as soon as the raised beds were ready. There are advantages to raised beds. The soil warms up faster when it's above ground. Weeding is easier in the loose soil, and your knees and back will thank you during the entire garden season.

Jean Frank has a raised bed of large green tomatoes. She can allow them to ripen on the vine, or pick them when they start to change color. This prevents a hard rain from splitting or bruising the fruit.

This is the second year Jeanine Griffin has produced raised beds in the Clinton Apartments Courtyard. She has a four-foot trellis for her cucumbers that raises them off the ground, keeping them fresh and clean. The cucumber tendrils will grab the wires and secure the vines to the trellis.

Jeanine also grows summer squash, zucchini, tomatoes



A friend gave Jeanine Griffin a trellis for her cucumbers. She also grows summer squash, zucchini, beans, and nasturtiums. The tomato plants against the fence were started in the greenhouse by Julie Clark, groundskeeper. They will produce cherry, medium, and large fruit.

and beans. She likes the vibrant nasturtiums. They repel pests on the squash and cucumbers. What's truly unique about them is they are completely edible.

This year Patty Newell has expanded her raised beds to grow lettuce, beets, radishes, cucumbers, parsley, petunias and bell peppers. The plants are watered twice a week with an automatic sprinkler system managed by Julie Clark, our groundskeeper.

Patty explained how to grow potatoes in a container. Large potatoes are cut into smaller pieces and covered with three inches of moist soil. When the foliage has died back, cut the brown foliage, and wait 10-14 days before harvesting to allow the potatoes to develop a thick skin. See Patty's photo on Page 1.

TIPS FOR SUPER ABUNDANT RAISED BEDS

You will have a bountiful crop of vegetables if you face your raised beds to the south where they will get six to eight hours of sun. Leave at least two feet between your raised beds so you have room to work on either bed. Make labels for your row of plants, then you will know when they're ready for the next phase.

Don't forget to rotate crops each year from bed to bed. Replenish the soil with new compost or raised bed organic nutrients. Nothing is more rejuvenating than tending to a variety of plants in the fresh air, watching them grow, and sharing your produce and knowledge with others. It's what makes the world a better place!

— In Faith, Love and Truth, Shirley Ruble, Reporter

From the desk of the Assembly President

LET'S HOPE WE CAN MEET THIS FALL

Dear Brothers and Sisters.

With all of us anticipating a fall start-up to begin meeting and seeing Rebekahs and Odd Fellows again — It is being said we could have a second round of COVID-19



MAGGIE TRUTTMANN

come fall. With uncertainty come concerns as to what will happen, however, I am planning that lodges will be able to meet in September.

As my term for this year begins, I will be working on a visitation schedule for this coming year. Letters will be going out to the Lodge Secretaries showing a suggested date for the visitation. If your lodge has a preference or the suggested date does not work, please feel free to let me know and I will do my best to honor your request for a different date.

WHAT HAVE I ACCOMPLISHED WHILE STAYING AT HOME?

- 1. Staying healthy and well.
- **2.** Finished three quilts including having them long arm quilted and I finish the bindings by hand. Working on more.
- 3. I cleaned three small closets and took items to a local clothing drop that helps women and children who have experienced domestic violence.

- **4.** I set aside formals for the Past Presidents Sale table ready for Session next year.
- **5.** I am working on cleaning files up. Out of 10 file cabinet drawers, I have finished five drawers to date.
- **6.** I've been helping a friend who fell and broke her neck the Wednesday after we received the stay-at-home order grocery shopping and just taking time with mask and gloves to visit.
- 7. I've made several trips to an assisted living facility in Olympia to fix my 97-year-old friend's sewing machine so she can sew while in lock down.
- **8.** Taking calls from lodge members and reviewing emails. I am not sure where the time goes on some days.

KEEP POSITIVE

May all of you stay healthy and well over the coming months. Make a list of positive things you are doing or accomplishing. You might be surprised at what you do.

My parting thought is a quote by Will Smith: "I wake up every morning believing today is going to be better than yesterday." May we all keep on believing.

If I may be of service to you or your lodge, you are free to contact me.

— In Friendship, Love & Truth Margaret Truttmann, President, Rebekah Assembly of Washington **Email:** maggie@olynet.com

Mailing Address: PO Box 4311, Elma, WA 98541-0311 *Home Phone:* (360) 482-2923



We need help solving a mystery

The object at left is proving to be quite a mystery and we can't figure out exactly what it is. It was given to Vancouver IOOF Lodge #3 by Bro. Wm. C. Springer on August 10, 1902. Capt. J.H. Burgy, who piloted the ship "Undine," found it in the Columbia River. The "Undine" was a sternwheel-driven steamboat that operated on the Columbia River from 1887 to 1935. It weighs at least 10 pounds. It measures 13 inches tall and 6.5 inches wide at the widest point. It appears to be nickel plated and contains the Three Links, the Eye, Beehive and Grip. Three holes at the bottom of the stem appear to being a mounting point. Does anyone know what this could be?



The sternwheel-driven steamboat, "Undine," plied the waters of the Columbia and lower Willamette Rivers from 1887 to 1935. The same vessel later was named "The Dalles."



Spunky Bluebird members Danny Cupps watches from her front porch as her Theta Rho pals honored her with a graduation parade.



Madi Martin, Piper Fyffe, Menyea Barbas and Malana Barbas participated in the "Corona Class of 2020" parade honoring Danny Cupps.

Word Search Answers

Н		В	E	N	2	A	W	Р	W	3	N	1	٦
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Corona Class of 2020!

Spunky's Danny Cupps honored with parade!!

With no graduation ceremony to mark the completion of her senior year, Spunky Bluebird member Danny Cupps was feeling more Blue than Spunky. Of course, her Theta Rho pals couldn't let that happen, so without hesitation, they dawned their masks, decorated their cars and joined in a long and lively graduation parade in Danny's honor.

With horns honking, balloons fluttering, voices screaming, and kisses being blown, Danny was brought to tears as she watched her parade pass by. We all got a little teary eyed just being a part of such a touching display of love and pride for our School of The Arts High School Graduate. Congratulations Danny "Rho!"

> — *In Happiness Through Service (and parades)* Spunky Bluebirds Theta Rho Girls' Club #93



Park kitchen facelift

Members of Olympia's Park Board got together to paint the new siding for the Park kitchen. A new brighter color was chosen to go with a beach theme. Dave Delony (photo on Page 1) was not happy about having his picture taken. Dave got all of the siding donated from his company, IWP. Laurel Delony got the paint donated by Barney Wagner, owner of Arrow Lumber and newly-reinstated member of Buckley Odd Fellows #75. Most of the paint was applied to the wood but needless to say, Rick Garcia's cement floor has tennis shoe imprints. Painters include Cathy and Rick Garcia, Joanne Balmert, Joe and Kathi Picanco, David and Lorraine Hammond, and Dave and Laurel Delony. The siding has been moved to the Park. Prep work is going on. Pressure washing, scraping, removing stuff from the outside wall, etc. Work crew will begin getting the siding up the weekend of July 4. Ruth #17 Rebekahs will be providing meals to the workers.

Marjorie Saranto of Walla Walla

85-year Rebekah recalls parent's stories of the 1918 Flu Pandemic

My friends in Odd Fellowship:

I have a story about the Spanish Flu. I was born in October of 1918. All of this was told to me, but I was there.

We lived on a farm thirteen miles from town. My Mother could not go to the hospital because of the Flu. The Doctor and his Nurse came to the farm to take care of her. I got there in time for breakfast and have not missed any meals since. There were men in the house for breakfast as it was seeding time. My sister and brother had runny noses. So Mother was in isolation from all in the house. The next day the Doctor came to check on Mother and me. He brought a man with him. He was an injured discharged WAR Nurse, home, in need of a job. Frank was to take care of Mother and me. No one came into that part of the house for a week. Frank must have liked me for he stayed with us for ten years.

One day during the War, two Government men came to the farm, met with my Father and said they were to inspect for flour that was hoarded. They said we were reported. The men went through the house and all the sheds, barns and cellar.

They said Mother's bread was very white. They came to the house by noon and said nothing was found. That morning Mother made a fresh batch of bread. Father invited them in for the noon meal. Mother had taken out of the oven a fresh loaf of bread, sliced it and passed the plate to the men. "Here is your white bread, made with rice flour and very coarse."

No one got the flu including any close friends. We were never quarantined or had reason to go into town as Mother was well prepared with food and other items. I was two months of age before we left the farm to visit my Grandparents.

— Yours in F., L. & T., Marjorie Saranto, Walla Walla

* * *

Marjorie Penner Saranto, who will be 102 this fall, celebrated 85 years of membership as a Rebekah October of 2018. Marjorie first joined Theta Rho, the girls' branch of the Rebekahs, in 1934.

In 1936, just shy of her 18th birthday, Marjorie was initiated into Narcissa Rebekah Lodge #2. She held offices in 1948 and 1949 and is the oldest member of her lodge.



Daughter Cynthia Huxem (right) along with Marjorie Saranto when she celebrated 100th birthday in October of 2018.

~ In Memoriam ~

• Carol Hare, 60-year member, joined Spokane Theta Rho Girls' Club October15, 1955 and Hope Rebekah Lodge #38 in Spokane on June 3, 1959. She served as Hope's Secretary for many years. She was Hope's current Noble Grand and a Past Noble Grand, Representative and PDDP. She was the Rebekah Assembly Typist for many of our Sessions.

From Johns Hopkins Hospital

Great tips on how to stay well and safe

The COVID-19 virus is not a living organism. It is a protein molecule (RNA or DNA) covered by a protective layer of lipid (fat), which, when absorbed by the cells of the ocular (eyes), nasal (nose) or buccal mucosa (mouth), changes their genetic code (mutates) and converts into aggressor and multiplier cells.

- Since the virus is not a living organism, but is a protein molecule, it cannot be killed. It has to decay on its own. The disintegration time depends on the temperature, humidity and type of material where it lies.
- The virus is very fragile; the only thing that protects it is a thin outer layer of fat and that is the reason why soap or detergent is the best weapon. The foam CUTS THE FAT (that is why you have to scrub for 20 seconds or more to create lots of foam).

By dissolving the fat layer, the protein molecule disperses and breaks down.

- HEAT melts fat; this is why it is necessary to use water above 77 degrees for hand washing, laundry and cleaning surfaces. In addition, hot water makes more foam, making it more effective.
- Alcohol or any mixture with alcohol over 65% DIS-SOLVES ALL FAT, especially the external lipid layer of the virus.
- Any solution with 1 part bleach and 5 parts water directly dissolves the protein, breaking it down from the inside.
- Oxygenated water increases the effectiveness of soap, alcohol and chlorine, because peroxide dissolves the virus protein. However, because you have to use it in its pure form, it can damage your skin.
- NO BACTERICIDE OR ANTIBIOTIC WILL WORK because the virus is not a living organism like bacteria; antibodies cannot kill what is not alive.
- The virus molecules remain very stable at colder temperatures, including air conditioning in houses and cars. They also need moisture and darkness to stay stable. Therefore, dehumidified, dry, warm and bright environments will degrade the virus faster.
- UV LIGHT on any object that may contain the virus breaks down the protein. Be careful, it also breaks down collagen (which is protein) in the skin.
 - The virus CANNOT go through healthy skin.
- Vinegar is NOT useful because it does not break down the protective layer of fat.
- NO SPIRITS, NOR VODKA. The strongest vodka is only 40% alcohol, and you need a minimum of 65%.
 - LISTERINE is 65% alcohol.
- The more confined the space, the higher the concentration of the virus there can be. The more open or natu-

rally ventilated, the less.

- You have to wash your hands before and after touching any commonly used surfaces such as: mucosa (mouth area), food, locks, knobs, switches, remotes, cell phones, watches, computers, desks, etc. And don't forget to wash when you use the bathroom.
- You have to MOISTURIZE YOUR HANDS due to frequent washing. Dry hands have cracks and the molecules can hide in the micro cracks. The thicker the moisturizer, the better.
- Also keep your NAILS SHORT so that the virus does not hide there.

Bucoda Bulletin Board #8 It's still dark, but busy in Bucoda!!!

You guessed it. It's still dark in Bucoda. Thurston County is now in "Phase Two" but municipal buildings remain closed and so Skookumchuck IOOF Lodge #129 and Bucoda Rebekah Lodge #144 have no place to meet. That doesn't mean that we are idle, though. Members are still involved with community projects and we are still maintaining contact with one another.

On another note, Mashelle Patrick, Noble Grand of Bucoda Rebekahs #144, informed me that she will undergo a routine surgical procedure on June 4. Good thoughts and prayers for a full and speedy recovery, Mashelle. Our lodge will still be here when you come back.

Most of our members are finding ways to keep busy during the lockdown. The food bank is still in full swing. Plans are being made for events after the restrictions are eased and, being in a small town, life never really strays too far from normal.

This is short, but that's all the news that's fit to print. I understand that we will publish "special editions" for July and August this year. It has been suggested that I submit a comedy/satire column to the newspaper. I don't think we are quite that desperate for content just yet, but the longer things stay dark and information and news are at a premium, the more appealing that option becomes. (No, I must resist the dark side).

Until next time, Health, Happiness and Peace to all.

YEP, STILL DARK

In F., L. & T., Steve Purcell, PG & Treasurer, Skookumchuck #129, Reporter and Foreign Correspondent Bucoda Rebekahs #144 **Washington OddFellow**

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Olympia IOOF Lodge #1 honors Veterans despite celebration being canceled

The annual Memorial Day celebration canceled but Olympia IOOF Lodge #1 still honors the Veterans buried in their cemetery.

Members and family came out to the Olympia Odd Fellow Cemetery on May 23 to place flags on the veterans graves.

Since the Memorial Day celebration was canceled, members still brought out the barbeque to feed the volunteers. Social distancing, gloves, sanitizer and masks were observed to keep everyone safe.

Great nephew of the Grand Secretary, Kellen Orozco, points out his great grandfather, Edwin Balmert's niche, after placing a flag. Jennie Reed waiting for a hotdog to be served by grand niece of the Grand Secretary Eva Orozco. GG (Great Grandma) Joanne Balmert helps her with setup. "Cousin It" is cooking.

Laurel Delony, Karen Porter, Eva Orozco, and Paul Porter placing flags. Eva, Laurel and Allen James placing more flags. AJ also helped people visiting the cemetery next to ours. There were no flags for a couple of civil war veterans. We donated a couple of flags and AJ assisted in placing them.